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QUESTION 13: What is the most effective combination of antibiotics in the treatment of acute periprosthetic joint infections (PJIs) caused by methicillin-resistant Staphylococcus aureus (MRSA) that has undergone surgical management with debridement, antibiotics and implant retention (DAIR)?

RECOMMENDATION: We recommend a combination of a parenteral antibiotic plus oral rifampin for one to six weeks, followed by rifampin and a companion highly bioavailable oral drug for additional three months, depending on the susceptibility profile of MRSA, patient tolerability and side effect profile.

LEVEL OF EVIDENCE: Limited

DELEGATE VOTE: Agree: 88%, Disagree: 10%, Abstain: 2% (Super Majority, Strong Consensus)

RATIONALE

Treatment of MRSA PJI that has undergone DAIR remains challenging. An ideal combination of antimicrobial therapy has not been established. Treatment should take into account antimicrobial susceptibilities of MRSA and tailored accordingly. Whenever possible, rifampin-based combinations should be used, but rifampin alone should never be used due to the rapid development of resistance. Rifampin-based combination therapy regimens have been shown to be effective in eradication of staphylococcal organisms and cure PJIs. A widely used algorithm by Zimmerli and the Infectious Diseases Society of America (IDSA) guidelines recommend a quinolone-rifampin combination for susceptible Staphylococcus aureus strains and cure rates of 70 - 100% have been reported [1–3]. The duration of antimicrobial therapy for PJI managed with DAIR has not been well established. We recommend two to six weeks of parenteral antimicrobial therapy in combination with rifampin 300 to 450 mg orally twice a day, followed by rifampin plus a susceptible companion oral drug (such as trimethoprimsulfamethoxazole, ciprofloxacin or levofloxacin, a tetracycline, fusidic acid) depending on the individual tolerance, side effect profile and antimicrobial susceptibility testing [1,4,5]. Certain highly bioavailable drugs such as fluoroquinolones, rifampin, linezolid and trimethoprim-sulfamethoxazole, reach levels in bone that exceed the minimal inhibitory concentration (MICs) for most organisms [6].

Zimmerli et al. have suggested a duration of therapy of three months for total hip arthroplasties (THAs) PJIs and six months for total knee arthroplasties (TKAs) PJIs [1,3]. Shorter courses of therapy (6 vs. 12 weeks) were studied in PJIs treated with DAIR. However, in this study by Chaussade et al. the presence of MRSA, which comprised only 13.8% of infections, was associated with a poorer outcome (remission in 41.7 vs. 73.3% for other pathogens [7]. Chronic oral suppression with trimethoprim-sulfamethoxazole, minocycline or doxycycline based on in vitro-susceptibilities and individual side effect profile and tolerance may be considered following the above regimens and should be reserved for patients who are unsuitable or refuse further surgical therapy. The duration of chronic oral suppression remains unknown.

While the current IDSA guidelines recommend vancomycin as the primary parenteral agent for treatment of MRSA infections, its utility has been questioned due to increasing reports of heterogeneous resistance, treatment failure, and nephrotoxicity. Vancomycin is not bactericidal against small colony variants (SCV) of MRSA. Moreover, Lenhard et al. showed recently in mixed-population experiments that vancomycin favorably selects for the growth of the SCV subpopulation [6]. Therefore, clinicians should consider glycopeptide combination regimens or alternative antimicrobials in patients with severe persistent MRSA infections in which the SCV phenotype may play a role.

In vitro analyses have identified fluoroquinolones and oritavancin as retaining high levels of vancomycin in vitro against SCVs and β -lactam combinations with daptomycin may offer a new option for combating SCVs [8,9,10]. While optimal treatment for infections caused by staphylococcal SCVs is not known, combination therapy including either rifampin or oritavancin appears to be particularly effective at eradicating intracellular SCVs [11].

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QUESTION 14: What antibiotic therapy (agent, route, dose and duration) is recommended for gram-negative acute periprosthetic joint infections (PJIs) being treated with debridement, antibiotics and implant retention (DAIR)?

RECOMMENDATION: Following surgical intervention (DAIR), gram-negative acute PJI patients should also receive antibiotic treatment for 6 to 12 weeks based on the type of organism. In fluoroquinolone-susceptible cases, the recommended antibiotic agent is a fluoroquinolone.

LEVEL OF EVIDENCE: Moderate

DELEGATE VOTE: Agree: 83%, Disagree: 11%, Abstain: 6% (Super Majority, Strong Consensus)