

biofilm. In contrast, organisms that present with acute infections frequently produce toxins that result in a systemic toxicity and eventually shock. Vasso defined a low-grade infection as one that is not causing systemic illness [10]. Symptoms are sometimes ill-defined. Lab serologies may be slightly elevated and cultures can be difficult to grow. When an organism is isolated it is often a low-virulent organism, such as *Staphylococcus epidermidis* or *Cutibacterium acnes* (formerly *Propionibacterium acnes*). In contrast, a high-grade infection has not been as well-established in the literature [11]. One can deduce that it would be caused by an organism causing systemic illness/sepsis or acting aggressively at the site (i.e., severe pain, swelling, drainage, etc.). Currently, there is no method of qualifying these parameters. Medical advancements, such as 3<sup>rd</sup> and 4<sup>th</sup> generation deoxyribonucleic acid (DNA) sequencing, will help make it a possibility to identify genetic sequences that correlate with “organism aggressiveness” and poor outcomes. Only then will we be able to truly “rate” the severity of an invading organism.

## Conclusions

In summary, there is substantive data that supports the concept of grading or rating a PJI. The data that supports grading PJI severity is retrospective in nature. There is not yet an international codified system that multiple investigators have agreed upon. Our recommendation is to gather an international workgroup to establish a PJI grading system, utilizing current tools and data available. The system of grading should be reviewed and upgraded every five years, as newer diagnostic tools and outcome data become available. For now, the McPherson schema has taken hold and is used in presentations worldwide over the past three to five years. We suggest using this system (or a modified version) as a starting point until an inter-

national workgroup establishes a codified staging system upon which the majority agrees.

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## 2.2. DIAGNOSIS: ALGORITHM

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### QUESTION 1: Do you agree with the American Academy of Orthopaedic Surgeons (AAOS) algorithm for the diagnosis of periprosthetic joint infections (PJIs)?

**RECOMMENDATION:** Yes. However, since the introduction of the AAOS algorithm for diagnosis of PJIs, numerous new tests and diagnostic modalities have become available. The proposed evidence-based and validated algorithm includes the guidelines from AAOS and the 2013 International Consensus Meeting (ICM) on PJIs. A stepwise algorithm first using serological markers followed by more specific and invasive tests continues to be recommended.

**LEVEL OF EVIDENCE:** Moderate

**DELEGATE VOTE:** Agree: 73%, Disagree: 23%, Abstain: 4% (Super Majority, Strong Consensus)

## RATIONALE

The guidelines for the diagnosis of PJIs introduced by the AAOS provided useful parameters for clinicians and a framework for diagnosing PJIs [1,2]. These guidelines have been widely adopted and were endorsed at the last ICM on PJIs in 2013 with slight modification [3]. While the existing algorithms are widely accepted, they are not completely evidence-based and have not been validated. Furthermore, several new synovial [4], serum and molecular biomarkers [5–10] have been introduced in recent years, which have increased confusion as many surgeons are unsure how to incorporate these

tests into their practice and into the previously established guidelines.

With the introduction of new diagnostic tests and the need for validation of the guidelines, we have been prompted to expand on the prior guidelines and to develop an evidence-based, validated diagnostic algorithm. A multi-institutional study was performed by members of this workgroup, to generate a stepwise approach using random forest and multivariate regression analyses to generate relative weights and to determine which variables should be included

in each step. Ultimately, the algorithm shares many similarities to the previous algorithm as serological testing should be performed first, followed by more invasive tests. This stepwise approach of serological markers prior to joint aspiration has been demonstrated to be the most cost-efficient method of diagnosing PJI using a multicriteria decision analysis in prior studies [11].

The first step in evaluating for a PJI should include serum testing for C-reactive protein, D-dimer and erythrocyte sedimentation rate. If at least one is elevated, or if there is a high clinical suspicion, clinicians should proceed with synovial fluid testing including a synovial fluid white blood-cell count with differential and leukocyte esterase testing. Intraoperative findings including purulence, histology, next generation sequencing (NGS) or a single positive culture can aid in cases where the diagnosis has not been conclusively ruled in or out prior to revision surgery, or when the aspiration does not yield fluid for analysis (a dry tap). The proposed algorithm was formally validated on a separate cohort of patients and demonstrated a high overall sensitivity (96.9%, 95% confidence interval (CI): 93.8-98.8) and specificity (99.5%, 95% CI: 97.2-100).

In the patient with a painful total joint arthroplasty, it is important to always consider infection. Initially, the first step considers patient risk factors, clinical findings and serum markers; the latter two of which have high sensitivity, but not necessarily high specificity in order to minimize false-negatives. In the multicenter study, approximately 13% of PJIs could be diagnosed with the first step based on a positive sinus tract. It is important to consider clinical suspicion and patient risk factors, (i.e., pretest probability), to optimize sensitivity as serum testing alone is negative in approximately 2.5% of patients who have a PJI [12]. The next step in the investigation of PJIs requires synovial fluid testing which has greater sensitivity and specificity, but is more invasive. The majority of PJIs will be identified following joint aspiration and synovial fluid analysis (approximately 65%). If a diagnosis of PJI cannot be confirmed or excluded at this point, intraoperative findings should be used and approximately 17% of PJIs will be diagnosed after incorporating intraoperative findings including culture, histology, operative appearance and NGS.

It is important to note that it is possible that the diagnosis of PJI may not be made even after reaching the third stage or may be inconclusive after obtaining synovial tests. These patients are often encountered in clinical practice and represent a real diagnostic challenge. Future research and novel tests are certainly needed in this patient population to reduce the gray area in these borderline patients without overt infection. Furthermore, it is important

to note that the proposed algorithm and the definition of PJI may be inaccurate and require a modification in the tests utilized for the following conditions: adverse local tissue reactions, crystalline deposition arthropathies, inflammatory arthroplasty flares and infections with slow growing organisms, such as *Cutibacterium acnes* (formerly *Propionibacterium acnes*). Nevertheless, we hope that the introduction of this evidence-based and validated algorithm may simplify a very challenging process and account for recent advancements in the diagnosis of PJIs.

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## QUESTION 2: Are there any contraindications to knee or hip aspiration prior to revision surgery?

**RECOMMENDATION:** There are no clearly identified contraindications to aspiration of the knee or hip joint performed as part of the patient workup for infection.

**LEVEL OF EVIDENCE:** Limited

**DELEGATE VOTE:** Agree: 90%, Disagree: 8%, Abstain: 2% (Super Majority, Strong Consensus)

## RATIONALE

Aspiration of a joint is one of the most important aspects of the workup of a patient suspected of having an infected joint. There are numerous studies that have demonstrated the utility of joint aspi-

ration in aiding diagnosis of periprosthetic joint infections (PJIs). In fact, joint aspiration is one of the initial steps in the workup of a patient for diagnosis of PJI, which is reflected in the algorithm